



Forest School at Penryn Primary Academy

Essential Clothing

Appropriate clothing is required to participate in Forest School activities. This will protect them from extremes of heat or cold, keep them covered to reduce the likelihood of cuts and scrapes, that fits appropriately for comfort and that meets any religious requirements.

Children and parents are encouraged to think about the usefulness of their clothing for outdoor activities and to be aware that they are likely to take some mud home with them after a session. In the woods, it can often be cooler than expected under the shade of the trees.

Clothing

The school provides waterproof trousers and a waterproof coat. On cold and wet days we advise children to wear their own coats and put one of the school waterproof coats on top.

In cold weather it is advisable for your child to bring in a warm hat and gloves and spare warm socks.

In warm weather, when it is too hot to wear a coat or jumper, we advise you provide your children with a long sleeved t-shirt and trousers or leggings, to protect their arms and legs from being scratched by brambles or branches.

Footwear

We advise your child bring in a pair of wellington boots and some warm socks in the winter. Please write your child's name in their boots, so that they can be easily identified.